

Cystadenoma: a rare tumor originated in minor salivary gland

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Cistadenoma: um tumor raro em glândula salivar menor

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key words	abstract
<i>Benign neoplasm</i>	Cystadenoma of salivary glands is an uncommon benign neoplasm that presents intraluminal papillary projections. The authors describe one case of cystadenoma located in the buccal mucosa and highlight its histomorphological features and differential diagnosis.
<i>Cystadenoma</i>	
<i>Buccal mucosa</i>	
<i>Minor salivary gland</i>	
<i>Differential diagnosis</i>	

resumo	unitermos
O cistadenoma de glândula salivar é uma neoplasia benigna incomum, que exhibe projeções papilíferas intraluminais. Os autores descrevem um caso de cistadenoma localizado na mucosa jugal, discutindo os aspectos histomorfológicos e o diagnóstico diferencial desse tumor.	Neoplasia benigna Cistadenoma Mucosa bucal Glândula salivar menor Diagnóstico diferencial

Cystadenoma is a rare benign and well-circumscribed tumor originating from the salivary glands, with the cystic cavities containing intraluminal papillary projections⁽⁷⁾. Patients above the age of 50 are most frequently affected and there is a female prevalence⁽⁵⁾. The most common locations of papillary cystadenoma are the palate and the buccal mucosa^(3, 5, 7, 8, 11, 13, 15, 22),

but tumors affecting the lip and the tongue have also been described^(9, 12, 14, 16, 21, 23). In general, the tumor is asymptomatic, measuring approximately 0.3 to 1.5 cm, and surgical excision is the indicated treatment^(1, 12, 22, 24).

Here we report a case of cystadenoma in the buccal mucosa, with special emphasis on the histomorphological features and differential diagnosis of this tumor.

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Case report

AMRJ, a 67-year-old woman, was referred by her prosthetic dentist to the Dental School of Universidade Federal da Bahia (UFBA) due to the presence of a submucosal nodule located on the right side of the buccal mucosa. During anamnesis, the patient reported to have never seen the lesion, which was completely asymptomatic and was only discovered upon routine examination. The nodule measured approximately 1.5 cm in its maximum diameter and was covered with intact mucosa. An excisional biopsy was performed under the clinical suspicion of mucocele. Histopathological analysis revealed a benign tumor of glandular epithelial origin, which was characterized by epithelial cells arranged in multiple cystic spaces of variable size, often exhibiting intraluminal papillary proliferations (**Figures 1A** and **1B**). The cystic spaces were lined with cells arranged in a double layer, i.e. a basal layer of cuboidal cells and an overlying layer of tall columnar cells (**Figure 1C**). These cellular arrangements were often found to be hyperplastic, and eventually exhibited squamous or oncocytic metaplasia (**Figure 1D**). Scarce fibrovascular tissue lacking a lymphocytic component surrounded the described spaces. Ectatic glandular ducts containing a hematoxyphilic fluid were observed by the side of the lesion, as well as extensive lobules consisting of mucous acini infiltrated by lymphocytes. The established diagnosis was papillary cystadenoma. The patient is currently being followed up and shows no signs of recurrence.

Discussion

Cystadenoma of the salivary glands is a rare benign epithelial tumor, which is predominantly characterized by multicystic growth, exhibiting papillary and, less frequently,

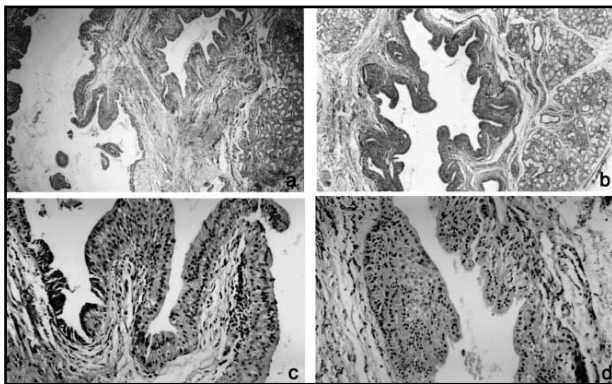


Figure 1 – A: Microcysts and well differentiated mucous acini (H&Ex40); B: cystic cavity exhibiting papillary projections supported by fibrous connective tissue (H&E x100); C: papillary projection lined by tall columnar cells (H&E x400); D: papillae showing oncocytic metaplasia (H&E x400)

mucinous proliferation^(4, 18). Cystadenoma presents no distinct clinical features and closely resembles mucocele⁽¹⁵⁾, as initially diagnosed in the present case. The tumor is more frequent in the minor salivary glands, although cases occurring in the major glands, such as the parotid gland, have been reported^(5, 9, 15). In the present case, the tumor presented as an asymptomatic nodule in the buccal mucosa, and measured on average 1.5 cm in its maximum diameter. These features agree with those reported in literature^(4, 5, 12, 24). However, cases of cystadenoma affecting other sites, such as the lips and the palate, have also been described^(7, 10, 12, 14, 22).

Cystadenoma frequently affects patients in the sixth decade of life, with a female:male ratio of 3:1⁽⁵⁾. The present case was a woman in the seventh decade of life, as also reported.

Histologically, in the present case the tumor manifested as a benign lesion of glandular epithelial origin characterized by epithelial cells arranged in multiple cystic spaces of variable size, often exhibiting intraluminal papillary proliferations. The cystic spaces were lined with a double layer of cells lacking atypias, with the basal layer consisting of cuboidal cells and the overlying layer of tall columnar cells. Squamous or oncocytic metaplasia was sometimes observed, and the presence of an inflammatory infiltrate was a common feature in some areas. These histopathological patterns agree with those defined for cystadenoma^(1, 5, 7, 15, 22), and the lesion was therefore diagnosed as cystadenoma. However, in view of the complexity and histomorphological diversity of salivary gland tumors, the differential diagnosis of cystadenoma should include intraductal papilloma⁽¹⁹⁾, cystadenocarcinoma⁽⁶⁾, low-grade mucoepidermoid carcinoma⁽¹⁷⁾, Warthin tumor⁽¹⁾ and cheilitis glandularis⁽²⁰⁾, which are discussed below.

Intraductal papilloma always occurs in a single cystic space and is characterized by numerous and complex papillary projections⁽¹⁹⁾. These features were not observed in the present case. Especially in our case, the tumor consisted of multiple cystic spaces lined with a double layer of cells exhibiting intraluminal papillary proliferation.

Although rare in the oral mucosa, cystadenocarcinomas are morphologically similar to cystadenomas, a fact that tends to make diagnosis difficult. However, some aspects distinguish cystadenocarcinoma from cystadenoma, such as mode of invasion, pattern of solid growth in focal areas, cellular atypia in some cases, permeation or destruction of the glandular parenchyma, and breakdown of the glandular lobe architecture, as well as infiltration of adipose, muscle or bone tissues⁽⁶⁾. None of these features was observed in the present case.

Similar to cystadenocarcinoma, low-grade mucoepidermoid carcinoma also requires a more in-depth criterion for assessment because it is an infiltrating malignant neoplasm⁽¹⁷⁾ that resembles cystadenoma in terms of the growth pattern and the cell population involved. In this respect, mucoepidermoid carcinoma presents, in addition to cystic structures, non-cystic epithelial proliferations, a feature that is very important in the distinction between both types of neoplasms. When present, papillary growth is irregular and complex, as observed in intraductal papilloma. Regarding the cell population, low-grade mucoepidermoid carcinoma exhibits a combination of epidermoid, mucosal and, to a lesser extent, intermediate and basaloid cells⁽⁵⁾.

On the other hand, Warthin tumor (lymphomatous papillary cystadenoma) is characterized by an epithelium of often oncocyctic origin, which shows multiple papillary proliferations projecting into the cystic spaces, supported by a lymphoid stroma, and should not be confused with cystadenoma or other tumors^(1, 2, 5). In the present case cystadenoma did not show a marked inflammatory infiltrate, but only scarce inflammatory cells.

In contrast, cheilitis glandularis represents an inflammatory alteration of the lower lip of unknown

etiology, which might be diagnosed as a neoplasm. In 2003, a case of this lesion was described, what was initially diagnosed as papillary cystadenoma since an incisional biopsy showed a lesion of papillary arrangement that exhibited marked oncocyctic ductal hyperplasia and squamous metaplasia⁽²⁰⁾. However, the clinical aspect in that case strongly contributed to the diagnosis of the initial phase of cheilitis glandularis since the lesion clinically manifested as multiple nodules in the lower lip, as reported for a simple subtype. In the present case, the location of the tumor differed from that described for cheilitis glandularis, and the tumor clinically manifested as a single nodule.

In most cases of cystadenoma, the recommended treatment is simple surgical excision^(11, 12, 15, 22), although follow-up of the patient is necessary since recurrences due to incomplete excision have been reported⁽¹⁾.

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